

## *Announcements from the Lighthouse Recovery Center:*

- ❖ The LRC is under 24-hour video surveillance. In rare circumstances, video surveillance will be used in addressing behaviors that are of a concerning nature.
- ❖ No person is allowed on the sides of the LRC building.
- ❖ Only staff and clients are allowed past the 2<sup>nd</sup> door (point to the door near the wall with the TV).
- ❖ All persons in this building are asked to refrain from any intimate acts like kissing, making out, fondling, or sitting on another person's lap.
- ❖ All minors must be with the adult that they arrived with.
- ❖ No child is allowed to go to the restroom with anyone other than the adult that brought them.
- ❖ No child is to be left unattended at any area of the building, parking lot, foyer area, hallways, rooms, bathroom, etc.

# No Matter What

Hafa Adai and Welcome to the “NO MATTER WHAT” group meeting of Narcotics Anonymous. My name is *(first name only)*, and I am powerless over my addiction, I will be serving as the chairperson for this evening’s meeting.

Let’s open this meeting with a moment of silence for the addict who is still suffering in and outside of these rooms and to reflect on why we are here, followed by the “Serenity Prayer” (Please allow a minimum of 5 seconds of silence before saying the Serenity Prayer).

***“God grant me the serenity,  
To accept the things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference. Amen.”***

We would like to welcome any newcomer who is joining us this evening and I kindly as that you introduce yourself by your first name only, not to embarrass you, although to bond with you the NA way (*Pause for a few seconds for any newcomers to introduce themselves*).

We would like to welcome all visitors here tonight for their support toward the program of Narcotics Anonymous.

This is a room for recovery and for the protection of our group, the fellowship, and the meeting facility, we ask that:

NO DRUGS or PARAPHERNALIA be on your person. If you do have any, we ask that you kindly excuse yourself and please dispose of it and we would like for you to return here as soon as possible. If you have used today, we ask that you listen and refrain from sharing during the meeting and we suggest that you get with someone after the meeting.

An “Atmosphere of Recovery” is vital, so the primary purpose can be fulfilled. If there is chaos, aggression, predatory behavior, character assassination, or physical intimacy, these are distractions to our message of recovery. Inappropriate behavior may result in the exclusion of your attendance at this meeting. Thank you for your understanding.

I have asked a friend to read: *WHO IS AN ADDICT*

I have asked a friend to read: *WHAT IS THE NARCOTICS ANONYMOUS PROGRAM*

I have asked a friend to read: *WHY ARE WE HERE*

I have asked a friend to read: *HOW IT WORKS*

I have asked a friend to read: *THE 12 TRADITIONS OF NARCOTICS ANONYMOUS*

I have asked a friend to read: *WE DO RECOVER*

I have asked a friend to read: *THE CLARITY STATEMENT*

I’d like to emphasize that during the meeting there should be no cross-talking. If you would like to speak to another member, we suggest that you give the person sharing the respect and take your conversation outside.

We want to remind everyone when sharing, that we are not counselors and that we can only share our experience, strength, and hope.

Before we get started, could I have a friend read today’s reflection from

- ❖ **Sunday** - the “**JUST FOR TODAY**” book of Narcotics Anonymous
- ❖ **Tuesday** - the “**JUST FOR TODAY**” book of Narcotics Anonymous
- ❖ **Friday** - the “**SPIRITUAL PRINCIPLE A DAY**” book

\*For **SUNDAYS**: This is an open topic meeting of Narcotics Anonymous and the format of tonight’s meeting is the topic that was just read or any topic that threatening someone’s recovery.

The meeting is now open for sharing. Please keep your sharing from 3 to 5 minutes so others can have a chance to share. Thank you.

\*For **TUESDAYS**: This is a literature meeting of Narcotics Anonymous and the format of this meeting is a reading from the first half of the “Basic Text”.

After reading, the meeting is now open for sharing. Please keep your sharing from 3 to 5 minutes so others can have a chance to share. Thank you.

\*For **FRIDAYS**: This is a literature meeting of Narcotics Anonymous and the format of this meeting is a story from the last half of the “Basic Text”.

After reading, the meeting is now open for sharing. Please keep your sharing from 3 to 5 minutes so others can have a chance to share. Thank you.

(30 minutes into the meeting pass the basket and read the following.)

Our 7<sup>th</sup> Tradition states, “Every N.A. group ought to be fully self-supporting, declining outside contributions. The money collected at our meetings is used for our expenses, which include rent, literature, the support of the group and our Area Service. *The floor is back open for sharing.*”

(10 minutes before the closing of the meeting)

I’m sorry, but we are out of time.

I have asked (*pick a regular attendee*) to pass out the FOBS.

Does anyone have any NA related announcements?

Anyone with a burning desire please talk with someone after the meeting.

Now may I please have a friend read “*JUST FOR TODAY*”

In closing, just a reminder, a clean meeting room is a serene meeting room. I ask that you help with cleaning after the meeting. Many people think that recovery is a matter of not using drugs. Recovery, as experienced through the 12 Steps is our goal: NOT just physical abstinence.

Most importantly, I want to remind everyone of anonymity. Who you see here, what you heard here, when you leave here, let it stay here.

Please join me in a moment of silence for the closing of our meeting. *(Serenity Prayer (we version) or NA 3<sup>rd</sup> Step Prayer)*

**3<sup>rd</sup> STEP PRAYER**

**Many of us have said,  
“Take our will and our lives, guide us in our recovery  
and show us how to live. CLEAN.”**

**OR**

**SERENITY PRAYER (WE VERSION)**

***“God grant us the serenity,  
To accept the things we cannot change,  
The courage to change the things we can,  
And the wisdom to know the difference. Amen.”***